

Chili heat scale (Scoville Heat Units)

Pepper	SHU range
Bell pepper	0
Pepperoncini	100–500
Banana pepper	0–500
Anaheim	500–2,500
Padrón	500–2,500
Poblano / ancho	1,000–1,500
Guajillo	2,500–5,000
Jalapeño / chipotle	2,500–8,000
Serrano	10,000–23,000
Chile de árbol	15,000–30,000
Cayenne	30,000–50,000
Tabasco pepper	30,000–50,000
Thai / bird's eye chili	50,000–100,000
Habanero	100,000–350,000
Scotch bonnet	100,000–350,000
Ghost pepper (bhut jolokia)	855,000–1,041,000
Carolina Reaper	1,400,000–2,200,000

Typical ranges; individual peppers vary.